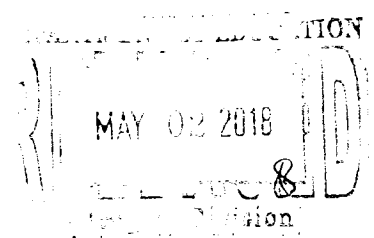




DIVISION MEMORANDUM

No. 085 s. 2018



To: Schools District Supervisors, Coordinating Principals
 Heads, Public Secondary Schools
 School/District Nurses
 School Health Section Personnel

From: 
MARIE CAROLYN B. VERANO, CESO VI
 Schools Division Superintendent

Subject: **SEMINAR WORKSHOP ON SYSTEMATIC TRAINING ON EFFECTIVE PARENTING (STEP) cum POLICY GUIDELINES ON HEALTHY FOOD AND BEVERAGE CHOICES IN SCHOOLS AND IN DEPED OFFICES (DEPED OR No. 13 s. 2017)**

Date: **April 23, 2018**

1. The Department of Education (DepEd) in partnership with the Local Government Unit (LGU) and Parents Teachers Association (PTA) will conduct a three-day Systematic Training for Effective Parenting cum Guidelines on Healthy food beverage choices in schools and in DepEd offices on **May 23 - 25, 2018 at the Highland Villa Hotel, Baguio City**. The Seminar Workshop shall start at **8 AM**.
2. The Training aims to Orient the participants on Systematic Training on Effective Parenting cum Policy and Guidelines on Healthy Food and Beverage Choices in schools and DEPED Offices, Discuss the role of parents in Drug Abuse Prevention and control program and introduce a system of categorizing locally available food and drinks in accordance with geographical, cultural and religious orientations, Provide guidance in evaluating, categorizing foods and drinks and in selling, marketing of foods and beverages in schools and DepED offices including purchasing of foods for school feeding and formulate action plan for systematic training for effective parenting and Guidelines on healthy food and beverage choices in schools and in DepEd Offices.
3. Expected Participants are the following:

PSDS and Coordinating Principals	14
✓ LGU Health Committee Chair	13
✓ PTA Representatives	14
✓ School Health Personnel	14
Guidance Designates	14
Facilitators	7
TOTAL	76

4. Attached is the list of the participants of the 14 Districts of Benguet Division. Kindly confirm Attendance thru SMS to the Proponent/Organizer thru mobile number **09995556947**.
5. Expenses incurred in attendance to this meeting shall be charged to local funds subject to the usual accounting and auditing rules and regulations.
6. Immediate dissemination to all concerned is desired.

Attachment of Division Memorandum No. 085 s. 2018

EXPECTED PARTICIPANTS

DISTRICT	NAME	DESIGNATION	BASE SCHOOL	CP NUMBER
ATOK	Simon Backian	Principal III	District Office	
	Nemia Meris	Nurse II	ANHS	
	Divina Fermin	Guidance Designate	Celo Heights ES	
	Valentino Smith	PTA Representative		
	Paquito Calantas	Mun. Councilor/Health Committee Chair		
BAKUN	Molly Ablaza	PSDS	District Office	
	Ricarda Gu	Nurse II	ANHS	
	Sonny Dokipen Jr.	Guidance Counselor	ANHS	
	Cerilo Ticawa	PTA Representative		
	Marciano Kig-isan Jr.	Mun. Councilor/Health Committee Chair		
BOKOD	June D. Corpuz	Principal I	Bokod Central School	
	Pauline Bangsao Tino	T-I	BNHS - Main	
	Aileen Cayas	Guidance Designate	BNHS – Daklan Annex	
	Sonny Olas	PTA Representative	Bokod Federation	
	Marian Calawen	Mun. Councilor/Health Committee Chair	Bokod, Benguet	
BUGUIAS	Herminia Osting	Coordinating Principal	District Office	
	Kristine Wagus	Nurse II		
	Satur Bacdayan Jr.	Guidance Designate	Loo NHS	
	Jerahmeel B. Iasegan	PTA Representative		
	Pepito B. Bay-an	Mun. Councilor/Health Committee Chair		
ITOGON I	Rosita Dayag	PSDS		
	Liza Dimbanan	Nurse II		
	Marylin A. Tolbe	Guidance Designate		
	Dario Gaydao	PTA Representative		
	Flordeliza G. Depayso	Mun. Councilor/Health Committee Chair		
ITOGON II	Rose Acay	Principal I	Acupan ES	
	Dolores Akilith	Nurse II	District Office	
	Lily Ann Marcos	Guidance Counselor		
	Freda Palina	PTA Representative		
	Flordeliza G. Depayso	Mun. Councilor/Health Committee Chair		
KABAYAN	Jeanette Bastian	Principal I	Ballay ES	
	Shelby Sangao	Nurse II	KNHS	
	Alcero Compalas	Guidance Designate	Adaoay NHS	
	Josephine Aguinse	PTA Representative		
	Marlon Nginsayan	Mun. Councilor/Health Committee Chair		
KAPANGAN	Agrifina Campala	Principal I	Gaswiling ES	
	Juliet Kito	Nurse II	GBDAIS	
	Brenda M. Matias	Guidance Counselor	GBDAIS	
	Garry Acdang	PTA Representative		

	Jenelyn Ebes	Mun. Councilor/Health Committee Chair		
KIBUNGAN	Ludinia A. Sano-an	Coordinating Principal	District Office	
	Josephine Molitas	Nurse II	KNHS	
	Brigette Bintudan	Guidance Designate		
	Saturnino Tayag	PTA Representative	Kibungan Federation	
	Susan Atayoc	Mun. Councilor/Health Committee Chair	Kibungan, Benguet	
LA TRINIDAD	Melchor Tican	PSDS		
	Jennifer Fernandez	Nurse II		
	Ermalyn Masweng	Nurse II		
	Atty. Richard Kilaan	PTA Representative		
	Horacio Ramos Jr.	Mun. Councilor/Health Committee Chair		
MANKAYAN	Karen Tegan	Principal I	Lepanto ES	
	Joyce Cayamdas	Nurse II		
	Tina Dolnagon	Guidance Counselor		
	Celiza Gomeyac	PTA Representative		
	William Mendoza	Mun. Councilor/Health Committee Chair		
SABLAN	Jonathan Sadey	Coordinating Principal	District Office	
	Lloyd Tabdi	Nurse II	District Office	
	Melescent Paran	Guidance Counselor		
	Judencio Awas	PTA Representative		
	Fernando B. Baclawad Jr.	Mun. Councilor/Health Committee Chair		
TUBA	Joel P. Begseng	Principal I	Camp 4 ES	
	Veronica Dumo	Nurse II	Evilio Javier MNHS	
	Annabelle Lawagan	Guidance Counselor		
	Gladys Kimbongan	PTA Representative		
	Maria L. Carantes	Mun. Councilor/Health Committee Chair		
TUBLAY	Erlinda Quinoan	Coordinating Principal	District Office	
	Brenda Oide	Nurse II	TSHI	
	Nover Waig	Guidance Designate	Paoad ES	
	Samuel Duglin	PTA Representative		
	Reynaldo Sotero	Mun. Councilor/Health Committee Chair		



SEMINAR WORKSHOP ON SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING

ACTIVITY MATRIX

DAY 1	TOPIC	SPEAKER
7:00 - 8:00	Registration	DepED - SHS
8:00 - 9:00	Opening Program	DepED - District
9:00 - 9:30	Orientation on the Mechanics of the seminar	Arvin M. Doman Nurse II
9:30 - 10:30	UNODC Standards and Government Effort to Drug problem	Angeline F. Calatan Medical Officer IV
10:30 - 12:00	Drug Situation Update Commonly Abused Drugs	PDEA
12:00 - 1:00	Lunch Break	
1:00 - 2:30	Medical aspects of drug abuse	Angeline F. Calatan Medical Officer IV
2:30 - 3:00	Salient Points of R.A. 9165	Legal Officer III
3:00 - 3:15	Health Break	
3:15 - 4:15	Stages of Man's Social and Psychological Development	
4:15 - 5:00	Building Self Esteem	

DAY 2	TOPIC	SPEAKER
7:45 - 8:00	Preliminary Activities	
8:00 - 9:30	Communicating with your child	
9:30 - 11:00	Workshop: Understanding children's behavior and misbehavior Presentation of workshop	
11:00 - 12:00	Workshop: Understanding children's behavior and misbehavior Presentation of workshop	



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Department of Education
Cordillera Administrative Region
SCHOOLS DIVISION OF BENGUET
Wangal, La Trinidad, Benguet 2601
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12:00 - 1:00	Lunch Break	
1:00 - 2:30	Responsible Parenthood	
2:30 - 2:45	Health Break	
2:45 - 5:00	Role of Parents on Drug Abuse Prevention and Intervention	

DAY 3	TOPIC	SPEAKER
7:45 - 8:00	Preliminary Activities	
8:00 - 10:00	DepED Order No. 13, s. 2017 Policy and Guidelines on Healthy Food and Beverage choices in schools and in DEPED Offices.	Arvin M. Doman/Florence Gamad Nurse II
10:00 - 12:00	Preparation of Action Plan	SHS
12:00 - 1:00	Lunch Break	
1:00 - 3:00	Presentation of Action Plan	SHS
3:00 - 4:00	Closing Program	SHS